

Effective: Jan. 2015

	Serving Size (g) or (1 oz)**	Calories	Fat Calories	Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)*	Total Carb (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A	Vitamin C	Calcium	Iron	Caffeine (mg)	Peanuts	Tree nuts	Egg	Dairy	Wheat	Soybean	Fish	Shellfish
SIDES* (Most fried items are cooked in common oil)																									
French Fries																									
Small	148	330	190	21	4	0	0	50	32	3	2	3	0	10	0	3	n/a			#	#	#	#	#	#
Medium	266	600	350	39	7	0	0	85	57	6	3	6	0	17	0	6	n/a			#	#	#	#	#	#
Sack	353	770	440	49	9	0	0	115	76	8	4	8	0	23	0	8	n/a			#	#	#	#	#	#
French Fries - New York & New Jersey only																									
Small	148	350	190	21	4.5	0	0	40	34	3	1	5	0	16	0	6	n/a			#	#	#	#	#	#
Medium	266	630	350	39	9	0	0	70	60	6	3	9	0	29	0	12	n/a			#	#	#	#	#	#
Sack	353	810	440	49	11	0	0	95	81	8	4	12	0	38	0	15	n/a			#	#	#	#	#	#
Cheese Fries																									
Small	199	400	240	27	5	0	0	350	35	3	2	4	0	10	1	5	n/a			#	X	#	#	#	#
Cheese Fries - New York & New Jersey only																									
Small	201	410	250	28	5	0	0	350	35	3	2	4	0	10	1	5	n/a			#	X	#	#	#	#
Fully Loaded Fries																									
Small	163	460	340	38	8	0	20	900	20	2	3	4	0	5	2	4	n/a			X	X	#	#	#	#
Fully Loaded Cheese Fries - New York & New Jersey only																									
Small	163	460	340	38	8	0	20	900	20	2	3	4	0	5	2	4	n/a			X	X	#	#	#	#
Jalapeno Cheese Fries																									
Small	164	340	210	23	3	0	0	460	30	2	1	3	2	5	6	4	n/a			#	X	X	#	#	#
Jalapeno Cheese Fries - New York & New Jersey only																									
Small	164	360	210	24	4.5	0	0	360	30	3	2	4	0	12	1	6	n/a			#	X	X	#	#	#
Onion Chips																									
Small	124	480	320	36	6	0	0	690	33	6	4	4	0	2	2	4	n/a			X	X	X	#	#	#
Medium	262	930	590	65	11	0	0	1550	73	13	8	8	0	4	4	8	n/a			X	X	X	#	#	#
Sack	349	1350	910	101	17	0	0	1950	92	16	11	11	0	5	5	11	n/a			X	X	X	#	#	#
Onion Rings - New York & New Jersey only																									
Kids	70	210	120	14	2.5	0	0	190	21	2	3	1	0	0	3	1	n/a			#	X	X	X	#	#
Medium	112	340	190	22	4	0	0	310	33	3	5	2	0	0	5	2	n/a			#	X	X	X	#	#
Large	210	640	360	41	7	0	0	580	62	6	9	4	0	0	9	4	n/a			#	X	X	X	#	#
Home-style Onion Rings - Chicago, Louisville & St. Louis only																									
Kids	86	290	170	19	3	0	0	360	25	1	5	4	0	4	4	4	n/a			#	#	X	X	#	#
Medium	141	480	290	33	5	0	0	580	40	2	7	6	0	6	6	6				#	#	X	X	#	#
Sack	262	890	550	61	10	0	0	1070	74	3	14	11	0	11	11	11	n/a			#	#	X	X	#	#
Chicken Rings																									
6 Rings	143	530	430	47	9	0	105	610	12	0	0	18	2	0	2	9	n/a			X	X	X	#	#	#
9 Rings	215	790	640	71	14	0	160	910	18	1	0	26	3	0	2	13	n/a			X	X	X	#	#	#
20 Rings	478	1760	1420	158	31	0	355	2020	41	2	1	58	7	0	5	29	n/a			X	X	X	#	#	#
Buffalo Chicken Rings																									
6 Rings	146	540	430	48	9	0	110	870	14	1	1	18	5	1	2	9	n/a			X	X	X	#	#	#
9 Rings	220	810	640	71	14	0	160	1390	22	1	1	26	8	2	3	13	n/a			X	X	X	#	#	#
20 Rings	488	1790	1430	158	31	0	355	2940	47	2	2	59	16	4	6	29	n/a			X	X	X	#	#	#
Ranch Chicken Rings																									
6 Rings	146	540	430	48	9	0	110	820	14	1	1	18	2	0	2	9	n/a			X	X	X	#	#	#
9 Rings	220	810	640	71	14	0	160	1300	21	1	1	27	3	1	4	13	n/a			X	X	X	#	#	#
20 Rings	488	1790	1430	159	31	0	360	2760	46	2	3	60	7	1	8	29	n/a			X	X	X	#	#	#
Clam Strips (select regions)																									
Small	128	210	150	17	2.5	0	15	620	5	0	1	8	2	11	2	45	n/a			X	X	X	#	#	X
Medium	256	410	310	34	5.5	0	35	1250	9	0	2	16	5	23	5	91	n/a			X	X	X	#	#	X
Sack	384	620	460	51	8	0	50	1870	14	0	3	24	7	34	7	136	n/a			X	X	X	#	#	X
Fish Nibblers (select regions)																									
Small	141	320	140	16	3	0	10	700	28	1	1	11	0	0	1	5	n/a			X	X	X	X	X	X
Medium	262	590	260	29	5	0	20	1300	51	2	2	30	3	1	3	9	n/a			X	X	X	X	X	X
Sack	483	1100	480	53	10	0	35	2390	95	3	3	55	5	2	5	17	n/a			X	X	X	X	X	X
Shrimp Nibblers																									
Small	127	400	250	28	4.5	0	75	820	28	1	1	11	0	0	5	8	n/a			X	X	X	#	#	X
Medium	219	670	400	44	7	0	130	1440	50	2	2	19	0	0	9	14	n/a			X	X	X	#	#	X
Sack	442	1340	810	90	13	0	260	2900	100	5	5	38	0	0	19	29	n/a			X	X	X	#	#	X

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	Serving Size (g) or (1 oz)**	Calories	Fat Calories	Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)*	Total Carb (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A	Vitamin C	Calcium	Iron	Caffeine (mg)	Peanuts	Tree nuts	Egg	Dairy	Wheat	Soybean	Fish	Shellfish	
Mozzarella Cheese Sticks																										
3 Sticks	110	440	300	33	9	0	30	850	22	1	1	12	5	0	25	4	n/a			#	X	X	#	#	#	
5 Sticks	183	740	500	55	15	0.5	50	1420	36	2	2	21	9	1	41	6	n/a			#	X	X	#	#	#	
10 Sticks	366	1470	1000	111	31	1	100	2850	73	4	4	41	18	1	83	12	n/a			#	X	X	#	#	#	
SIDE SAUCES																										
BBQ Sauce - 1 Container																										
	28	35	5	0.5	0	0	0	390	8	0	8	0	2	0	0	0	n/a									
Cheese Sauce (Nacho) - Cincinnati , Chicago, Indianapolis, Minneapolis, New Jersey & St Louis regions																										
	47	50	35	4	1	0	0	400	3	0	0	0	0	0	2	0	n/a				X		X			
Cheese Sauce - Nashville & Louisville regions																										
	43	130	90	10	3.5	2.5	10	560	6	0	3	3	20	0	10	0	n/a				X	X				
Fat Free Honey Mustard Sauce - 1 Container																										
	28	50	0	0	0	0	0	120	13	0	7	0	0	0	0	2	n/a									
Marinara Sauce - 1 Container																										
	28	15	0	0	0	0	0	260	4	0	2	0	2	0	6	0	n/a									
Ranch Dressing - 1 Container																										
	28	150	150	17	2.5	0	10	210	1	0	1	0	0	0	2	0	n/a			X	X					
Seafood Cocktail Sauce - 1 Container																										
	28	30	0	0	0	0	0	300	7	0	4	0	2	10	0	0	n/a									
Tartar Sauce - Chicago, Minneapolis & New Jersey regions																										
1 Container	28	90	70	8	1	0	10	220	4	0	2	0	0	0	0	0	n/a			X						
White Castle Zesty Zing Sauce - 1 Container																										
	28	120	100	11	1.5	0	15	190	4	0	3	0	2	0	0	0	n/a				X		X			
Mott's® Snack and Go Natural Applesauce Pouch																										
	90	40	0	0	0	0	0	5	10	1	8	0	0	0	20	0	n/a									
CONDIMENTS																										
BBQ Sauce - 1 Packet																										
	9	10	0	0	0	0	0	130	3	0	2	0	0	0	0	0	n/a									
Fat Free Honey Mustard Sauce - 1 Packet																										
	12	20	0	0	0	0	0	50	5	0	3	0	0	0	0	2	n/a									
Hot Sauce - 1 Packet																										
	7	5	0	0	0	0	0	170	1	1	0	0	4	2	0	0	n/a									
Ketchup - 1 Packet																										
	9	10	0	0	0	0	0	100	2	0	2	0	0	0	0	0	n/a									
Lemon Juice - 1 Packet																										
	4	5	0	0	0	0	0	0	1	0	0	0	0	0	0	0	n/a									
Mayonnaise - 1 Packet																										
	9	60	60	7	1	0	5	55	0	0	0	0	0	0	0	0	n/a			X						
Mustard - Columbus, Detroit, Minneapolis, Nashville, NE Ohio, New Jersey & New York regions																										
1 Packet	6	5	0	0	0	0	0	85	<1	0	0	0	0	0	0	0	n/a									
Mustard; Dusseldorf - Chicago, Cincinnati, Louisville & Nashville regions																										
1 Packet	5.5	5	0	0	0	0	0	65	0	0	0	0	0	0	0	0	n/a									
Mustard -Horseradish - Indianapolis & St Louis regions - 1 Packet																										
	5.5	5	0	0	0	0	0	65	0	0	0	0	0	0	0	0	n/a									
Tartar Sauce - 1 Packet																										
	9	25	15	1.5	0	0	0	85	1	0	1	0	0	0	0	0	n/a			X						
DESSERTS																										
Chocolate Chunk Cookie (select regions)																										
	38	170	70	8	4	0	10	130	23	1	13	2	2	0	0	4	n/a			X	X	X	X			
Oatmeal Raisin Cookie (select regions)																										
	38	160	50	6	2.5	0	10	115	23	1	12	2	2	0	2	4	n/a			X	X	X	X			
White Chocolate Macadamia Cookie (select regions)																										
	38	180	80	9	4	0	10	125	22	1	14	2	2	0	2	4	n/a		X	X	X	X	X			
Fudge Dipped Brownie on a Stick																										
	57	250	110	12	7	0	35	95	33	1	26	2	2	0	2	0	n/a	#	#	X	X	X	X			
Fudge Dipped Cheesecake On A Stick																										
	51	180	90	10	7	0	40	110	21	1	10	3	2	0	2	4	n/a	#	#	X	X	X	X			
Goopy Butter Cake On A Stick																										
	57	220	90	10	4.5	0	55	120	32	1	23	3	6	0	2	0	n/a	#	#	X	X	X	X			
Apple Turnover - New York only																										
	85	340	200	22	4.5	0	0	250	31	2	8	3	0	8	2	10	n/a			#	#	X	X	#	#	
BEVERAGES***																										
COFFEE, TEAS & HOT CHOCOLATE																										
Coffee																										
small	12	5	0	0	0	0	0	5	0	0	0	0	0	0	1	0	130									
medium	16	5	0	0	0	0	0	10	0	0	0	1	0	0	1	0	170									
large	20	5	0	0	0	0	0	10	0	0	0	1	0	0	1	0	220									
Coffee Decaffeinated																										
small	12	0	0	0	0	0	0	5	0	0	0	0	0	0	1	1	0									
medium	16	0	0	0	0	0	0	10	0	0	0	0	0	0	1	1	0									
large	20	0	0	0	0	0	0	10	0	0	0	1	0	0	1	1	0									
Hot Chocolate																										
small	12	170	40	4	1	1	0	220	31	1	25	1	0	0	4	2	0				X		X			
medium	16	240	50	6	1.5	1.5	0	300	41	2	34	2	0	0	6	3	0				X		X			
large	20	300	70	7	2	2	0	370	52	2	43	2	0	0	7	4	0				X		X			

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	Serving Size (g) or (fl oz)**	Calories	Fat Calories	Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)*	Total Carb (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A	Vitamin C	Calcium	Iron	Caffeine (mg)	Peanuts	Tree nuts	Egg	Dairy	Wheat	Soybean	Fish	Shellfish	
Hot Tea																										
small	12	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19								
medium	16	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	31								
large	20	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	42								
Hot Tea (Orange Peko) - select regions																										
small	12	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19								
medium	16	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	31								
large	20	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	42								
Lemon Lift Tea - select regions																										
small	12	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19								
Royal Raspberry Tea - select regions																										
small	12	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19								
Lemon Lift Tea - select regions																										
small	12	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19								
Green Tea - select regions																										
small	12	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	19								
Iced Tea Sweetened (Chicago, Cincinnati, Indianapolis, Detroit & St. Louis)																										
kid's	10	40	0	0	0	0	0	5	11	0	11	0	0	0	0	0	0	12								
small	21	80	0	0	0	0	0	10	20	0	19	0	0	0	0	0	0	25								
medium	30	130	0	0	0	0	0	15	33	0	31	0	0	0	0	0	1	36								
large	40	170	0	0	0	0	0	20	45	0	43	0	0	0	0	0	1	52								
Gallon	128	1100	0	0	0	0	0	115	286	0	274	0	0	0	0	5	758									
Iced Tea Sweetened (Columbus, Nashville, Louisville, New Jersey & New York)																										
kid's	10	60	0	0	0	0	0	5	15	0	14	0	0	0	0	0	0	12								
small	21	100	0	0	0	0	0	10	26	0	25	0	0	0	0	0	0	25								
medium	30	160	0	0	0	0	0	15	43	0	41	0	0	0	0	0	1	36								
large	40	230	0	0	0	0	0	20	59	0	57	0	0	0	0	0	1	52								
Gallon	128	1450	0	0	0	0	0	115	376	0	364	0	0	0	0	5	758									
Iced Tea Unsweetened																										
Kids	10	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	14								
small	21	5	0	0	0	0	0	10	1	0	0	0	0	0	0	0	0	60								
medium	30	5	0	0	0	0	0	15	1	0	0	0	0	0	0	0	0	29								
large	40	5	0	0	0	0	0	20	2	0	0	0	0	0	0	0	1	140								
Gallon	128	40	0	0	0	0	0	115	11	0	0	0	0	0	0	4	758									
Gold Peak Iced Tea , Black Unsweetened (select regions)																										
kid's	10	0	0	0	0	0	0	10	0	0	0	0	0	0	0	0	0	11								
small	21	0	0	0	0	0	0	15	0	0	0	0	0	0	0	0	0	26								
medium	30	0	0	0	0	0	0	25	0	0	0	0	0	0	0	0	0	34								
large	40	0	0	0	0	0	0	30	0	0	0	0	0	0	0	0	0	50								
Gallon	128	0	0	0	0	0	0	130	1	0	0	1	0	0	0	0	0	192								
Gold Peak Iced Tea , Black Sweetened (select regions)																										
kid's	10	70	0	0	0	0	0	10	20	0	20	0	0	0	0	0	0	11								
small	21	160	0	0	0	0	0	20	45	0	45	0	0	0	0	0	0	26								
medium	30	220	0	0	0	0	0	25	59	0	59	0	0	0	0	0	0	34								
large	40	290	0	0	0	0	0	30	80	0	80	0	0	0	0	0	0	50								
Gallon	128	1230	0	0	0	0	0	130	336	0	336	0	0	0	0	0	0	192								
Gold Peak Iced Tea , Southern Style (select regions)																										
kid's	10	90	0	0	0	0	0	10	25	0	25	0	0	0	0	0	0	12								
small	21	210	0	0	0	0	0	15	57	0	55	0	0	0	0	0	0	28								
medium	30	270	0	0	0	0	0	25	76	0	73	0	0	0	0	0	0	37								
large	40	370	0	0	0	0	0	30	103	0	99	0	0	0	0	0	0	54								
Gallon	128	1550	0	0	0	0	0	130	432	0	416	0	0	0	0	0	0	208								
Gold Peak Iced Tea , White Citrus (select regions)																										
kid's	10	80	0	0	0	0	0	5	21	0	21	0	0	0	0	0	0	8								
small	21	180	0	0	0	0	0	15	47	0	47	0	0	0	0	0	0	17								
medium	30	240	0	0	0	0	0	20	62	0	62	0	0	0	0	0	0	23								
large	40	320	0	0	0	0	0	25	84	0	84	0	0	0	0	0	0	34								
Gallon	128	1340	0	0	0	0	0	110	350	0	350	0	0	0	0	0	0	128								
MILK AND BOTTLED WATER																										
1% Low-fat Milk (may vary by location)																										
small	8	110	20	2.5	1.5	0	15	130	13	0	12	8	10	2	30	0	n/a				X					
Fat-free Chocolate Milk (may vary by location)																										
small	8	130	0	0	0	0	5	170	22	0	22	8	10	4	30	0	n/a				X					
Spring Water																										
small	16.9	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0								
half & half																										
small	0.4	15	15	1.5	0	0	0	15	0	0	0	0	0	0	0	0	0	n/a			X					

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	Serving Size (g) or (fl oz)**	Calories	Fat Calories	Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)*	Total Carb (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A	Vitamin C	Calcium	Iron	Caffeine (mg)	Peanuts	Tree nuts	Egg	Dairy	Wheat	Soybean	Fish	Shellfish	
Diet Coke																										
kid's	10	0	0	0	0	0	0	10	0	0	0	0	0	0	0	0	0	29								
small	21	0	0	0	0	0	0	20	0	0	0	0	0	0	0	0	0	66								
medium	30	0	0	0	0	0	0	25	0	0	0	0	0	0	0	0	0	87								
large	40	0	0	0	0	0	0	35	0	0	0	0	0	0	0	0	0	130								
Diet Coke; Caffeine Free																										
kid's	10	0	0	0	0	0	0	10	0	0	0	0	0	0	0	0	0	0								
small	21	0	0	0	0	0	0	20	0	0	0	0	0	0	0	0	0	0								
medium	30	0	0	0	0	0	0	30	0	0	0	0	0	0	0	0	0	0								
large	40	0	0	0	0	0	0	40	0	0	0	0	0	0	0	0	0	0								
Fanta Grape Soda																										
kid's	10	110	0	0	0	0	0	30	31	0	31	0	0	0	1	1	0									
small	21	260	0	0	0	0	0	65	70	0	70	0	0	0	2	2	0									
medium	30	340	0	0	0	0	0	85	93	0	93	0	0	0	2	3	0									
large	40	460	0	0	0	0	0	115	126	0	126	0	0	0	3	4	0									
Fanta Orange Soda																										
kid's	10	100	0	0	0	0	0	35	33	0	33	0	0	0	1	1	0									
small	21	240	0	0	0	0	0	75	74	0	74	0	0	0	3	2	0									
medium	30	310	0	0	0	0	0	100	99	0	99	0	0	0	3	2	0									
large	40	420	0	0	0	0	0	135	133	0	133	0	0	0	5	3	0									
Fanta Strawberry Soda																										
kid's	10	110	0	0	0	0	0	30	31	0	31	0	0	0	0	0	0									
small	21	260	0	0	0	0	0	65	70	0	70	0	0	0	0	0	0									
medium	30	340	0	0	0	0	0	85	93	0	93	0	0	0	0	0	0									
large	40	460	0	0	0	0	0	114	126	0	126	0	0	0	0	0	0									
Pibb Xtra																										
kid's	10	90	0	0	0	0	0	25	24	0	24	0	0	0	0	0	0	29								
small	21	210	0	0	0	0	0	60	55	0	55	0	0	0	0	0	0	60								
medium	30	270	0	0	0	0	0	80	73	0	73	0	0	0	0	0	0	75								
large	40	370	0	0	0	0	0	110	99	0	99	0	0	0	0	0	0	127								
PowerAde Mountain Blast																										
kid's	10	60	0	0	0	0	0	50	16	0	16	0	0	0	0	0	0	0								
small	21	140	0	0	0	0	0	115	36	0	36	0	0	0	0	0	0	0								
medium	30	180	0	0	0	0	0	150	48	0	48	0	0	0	0	0	0	0								
large	40	240	0	0	0	0	0	200	65	0	65	0	0	0	0	0	0	0								
Sprite																										
kid's	10	90	0	0	0	0	0	20	24	0	24	0	0	0	0	0	0	0								
small	21	210	0	0	0	0	0	45	55	0	55	0	0	0	0	0	0	0								
medium	30	270	0	0	0	0	0	60	73	0	73	0	0	0	0	0	0	0								
large	40	370	0	0	0	0	0	80	99	0	99	0	0	0	0	0	0	0								
Vault																										
kid's	10	100	0	0	0	0	0	10	26	0	26	0	0	1	0	0	0	49								
small	21	230	0	0	0	0	0	20	60	0	60	0	0	2	0	0	0	103								
medium	30	300	0	0	0	0	0	25	79	0	79	0	0	3	0	0	0	127								
large	40	410	0	0	0	0	0	35	107	0	107	0	0	4	0	0	0	215								
CRAVE COOLERS																										
Crave Cooler Coke																										
kid's	10	40	0	0	0	0	0	0	12	0	12	0	0	0	0	0	0	17								
small	21	110	0	0	0	0	0	10	29	0	29	0	0	0	0	0	0	36								
medium	30	140	0	0	0	0	0	15	39	0	39	0	0	0	0	0	0	42								
large	40	190	0	0	0	0	0	15	51	0	51	0	0	0	0	0	0	75								
Crave Cooler Fanta Wild Cherry																										
kid's	10	40	0	0	0	0	0	0	12	0	12	0	0	0	0	0	0	0								
small	21	110	0	0	0	0	0	10	29	0	29	0	0	0	0	0	0	0								
medium	30	140	0	0	0	0	0	10	39	0	39	0	0	0	0	0	0	0								
large	40	190	0	0	0	0	0	15	51	0	51	0	0	0	0	0	0	0								
SMOOTHIES - Select Regions																										
Peach																										
12oz	399	250	5	0.5	0	0	<5	45	56	3	46	3	18	298	8	0	n/a				X					
16oz	512	310	5	0.5	0.5	0	<5	60	70	3	57	4	24	397	10	0	n/a				X					

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	Serving Size (g) or (fl oz)**	Calories	Fat Calories	Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)*	Total Carb (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A	Vitamin C	Calcium	Iron	Caffeine (mg)	Peanuts	Tree nuts	Egg	Dairy	Wheat	Soybean	Fish	Shellfish
Strawberry Banana																									
12oz	420	290	5	0.5	0	0	<5	45	70	4	54	4	7	77	9	4	n/a				X				
16oz	540	360	5	0.5	0.5	0	<5	60	88	6	68	5	10	103	12	5	n/a				X				
SHAKES																									
Chocolate Shake - Chicago region																									
kids	10	260	40	4.5	2.5	0	15	160	51	1	43	6	3	3	21	3	n/a				X				
small	21	550	90	10	5.5	0	35	330	106	2	90	12	7	5	44	7	n/a				X				
medium	30	780	130	14	8	0	50	480	152	3	129	16	9	8	63	9	n/a				X				
large	40	1050	170	19	11	0.5	65	630	202	5	172	22	13	10	84	13	n/a				X				
Vanilla Shake - Chicago region																									
kids	10	220	40	4	2.5	0	15	170	41	1	34	6	3	3	23	1	n/a				X				
small	21	470	80	8	5	0	35	360	85	2	72	12	7	6	49	1	n/a				X				
medium	30	670	110	12	7	0	50	510	122	3	103	17	9	9	70	2	n/a				X				
large	40	900	140	16	10	0.5	65	680	163	5	137	23	13	11	93	3	n/a				X				
Strawberry Shake - Chicago region																									
kids	10	260	40	4	2.5	0	15	170	49	1	43	6	3	3	23	1	n/a				X				
small	21	540	80	8	5	0	35	360	103	2	90	12	7	6	49	1	n/a				X				
medium	30	780	110	12	7	0	50	510	148	3	129	17	9	9	70	2	n/a				X				
large	40	1030	140	16	10	0.5	65	680	197	5	172	23	13	11	93	3	n/a				X				
Chocolate Shake - Cincinnati region																									
kids	10	310	70	8	5	0	15	170	53	0	42	7	3	3	25	0	n/a				X				
small	21	650	150	17	11	0	35	350	111	0	88	14	7	7	52	0	n/a				X				
medium	30	930	220	24	15	0	50	500	160	0	126	20	10	10	75	0	n/a				X				
large	40	1230	290	32	20	0	65	670	213	0	168	27	13	13	100	0	n/a				X				
Vanilla Shake - Cincinnati region																									
kids	10	300	70	8	5	0	15	170	52	0	42	7	3	3	25	0	n/a				X				
small	21	630	140	16	11	0	35	350	109	0	88	14	7	7	52	0	n/a				X				
medium	30	910	200	23	15	0	50	500	156	0	126	20	10	10	75	0	n/a				X				
large	40	1210	270	30	20	0	65	670	208	0	168	27	13	13	100	0	n/a				X				
Strawberry Shake - Cincinnati region																									
kids	10	300	70	8	5	0	15	170	52	0	42	7	3	3	25	0	n/a				X				
small	21	630	140	16	11	0	35	350	109	0	88	14	7	7	52	0	n/a				X				
medium	30	910	200	23	15	0	50	500	156	0	126	20	10	10	75	0	n/a				X				
large	40	1210	270	30	20	0	65	670	208	0	168	27	13	13	100	0	n/a				X				
Chocolate Shake - Detroit region																									
kids	10	210	50	6	3	0	20	190	32	0	32	6	0	4	19	4	n/a				X				
small	21	440	110	12	6	0	40	400	68	0	68	12	0	8	40	8	n/a				X				
medium	30	620	150	17	9	0	55	570	96	0	96	17	0	11	57	11	n/a				X				
large	40	830	200	23	11	0	75	760	129	0	129	23	0	15	76	15	n/a				X				
Chocolate Shake - Columbus region																									
kids	10	240	50	6	3.5	0	20	220	42	0	39	6	0	2	18	0	n/a				X				
small	21	500	110	12	8	0	45	470	88	0	82	13	0	4	37	0	n/a				X				
medium	30	710	160	18	11	0	65	670	126	0	117	19	0	5	53	0	n/a				X				
large	40	950	210	23	14	0	90	890	167	0	156	25	0	7	71	0	n/a				X				
Vanilla Shake - Columbus region																									
kids	10	200	50	5	3.5	0	20	220	32	0	30	6	0	2	18	0	n/a				X				
small	21	410	100	11	8	0	45	470	67	0	63	13	0	4	37	0	n/a				X				
medium	30	590	140	16	11	0	65	670	96	0	91	19	0	5	53	0	n/a				X				
large	40	780	190	21	14	0	90	890	128	0	121	25	0	7	71	0	n/a				X				
Strawberry Shake - Columbus region																									
kids	10	230	50	5	3.5	0	20	220	41	0	39	6	0	2	18	0	n/a				X				
small	21	480	100	11	8	0	45	470	85	0	81	13	0	4	37	0	n/a				X				
medium	30	690	140	16	11	0	65	670	122	0	117	19	0	5	53	0	n/a				X				
large	40	920	190	21	14	0	90	890	162	0	155	25	0	7	71	0	n/a				X				
Chocolate Shake - Indianapolis region																									
kids	10	230	70	7	4.5	0	35	170	42	1	32	6	14	0	22	3	n/a				X				
small	21	490	140	15	9	0	75	350	88	3	67	12	30	0	45	6	n/a				X				
medium	30	690	200	22	13	0	110	500	126	4	95	17	43	0	65	9	n/a				X				
large	40	920	260	29	17	0	145	670	168	6	127	23	58	0	87	12	n/a				X				

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	Serving Size (g) or (1 oz)**	Calories	Fat Calories	Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)*	Total Carb (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Vitamin A	Vitamin C	Calcium	Iron	Caffeine (mg)	Peanuts	Tree nuts	Egg	Dairy	Wheat	Soybean	Fish	Shellfish
Chocolate Shake - Louisville region																									
kids	10	230	70	7	4.5	0	35	170	42	1	32	6	14	0	22	3	n/a				X				
small	21	490	140	15	9	0	75	350	88	3	67	12	30	0	45	6	n/a				X				
medium	30	690	200	22	13	0	110	500	126	4	95	17	43	0	65	9	n/a				X				
large	40	920	260	29	17	0	145	670	168	6	127	23	58	0	87	12	n/a				X				
Chocolate Shake Minneapolis region																									
kids	10	200	40	4	2	0	20	200	37	0	30	4	13	0	22	4	n/a				X				
small	21	410	80	9	4.5	0	45	410	78	0	64	9	27	0	46	9	n/a				X				
medium	30	590	120	13	7	0	65	590	111	0	91	13	39	0	65	13	n/a				X				
large	40	780	160	17	9	0	85	780	148	0	122	17	52	0	87	17	n/a				X				
Chocolate Shake Nashville region																									
kids	10	270	60	6	4	0	20	110	48	0	37	6	4	0	21	4	n/a				X				
small	21	570	120	13	9	0	45	240	100	0	79	13	9	0	44	9	n/a				X				
medium	30	810	170	19	13	0	60	340	143	0	112	19	12	0	62	13	n/a				X				
large	40	1080	230	25	17	0	85	460	191	0	150	25	17	0	83	17	n/a				X				
Chocolate Shake - New Jersey Region																									
kids	10	210	50	6	3	0	20	170	35	1	27	6	3	0	26	0	n/a				X				
small	21	430	110	12	7	0	40	370	73	3	57	14	5	0	54	0	n/a				X				
medium	30	620	160	17	10	0	60	520	104	4	81	19	8	0	77	0	n/a				X				
large	40	910	230	26	14	0	85	760	153	6	119	28	11	0	113	0	n/a				X				
Vanilla Shake - New Jersey Region																									
kids	10	210	50	6	4	0	25	220	31	0	26	8	5	3	26	0	n/a				X				
small	21	440	110	12	8	0	55	460	65	0	54	16	11	5	54	0	n/a				X				
medium	30	620	160	18	12	0	80	660	94	0	78	23	16	8	77	0	n/a				X				
large	40	910	230	26	17	0	115	970	137	0	114	34	23	11	113	0	n/a				X				
Vanilla Shake - New York Region																									
small	21	440	120	13	9	0	45	550	79	0	75	9	35	0	44	0	n/a				X				
medium	30	630	170	19	13	0	65	790	113	0	107	13	50	0	63	0	n/a				X				
large	40	840	230	25	17	0	85	1050	151	0	143	17	67	0	84	0	n/a				X				
Chocolate Shake - New York Region																									
small	21	490	120	13	9	0	45	400	84	4	79	9	9	0	44	0	n/a				X				
medium	30	690	170	19	13	0	63	570	120	6	113	13	13	0	63	0	n/a				X				
large	40	930	230	25	17	0	85	760	160	8	151	17	17	0	84	0	n/a				X				
Vanilla Shake - St. Louis Region																									
kids	10	230	40	4.5	3.0	0	20	65	42	0	36	4	4	0	11	0	n/a				X				
small	21	450	90	9	6	0	40	130	83	0	72	8	8	0	23	0	n/a				X				
medium	30	690	130	14	9	0	60	200	126	0	109	12	11	0	34	0	n/a				X				
large	40	910	170	19	11	0	80	270	167	0	144	15	15	0	45	0	n/a				X				
Chocolate Shake - St. Louis Region																									
kids	10	240	50	5	3.5	0	20	75	42	2	31	5	3	0	15	11	n/a				X				
small	21	490	100	11	8	0	40	150	87	4	64	11	6	0	30	23	n/a				X				
medium	30	700	150	16	11	0	55	220	124	5	92	16	8	0	43	32	n/a				X				
large	40	980	200	23	15	0	75	300	174	8	129	23	11	0	61	45	n/a				X				

NOTES

* Sodium values may vary depending on restaurant preparation & on the local water supply used for beverages.

**Sliders weight based on the weight before cooking.

*** Nutrition based on 1/3 cup of ice for beverages.

****MSG = Monosodium Glutamate

Nutrition Information on all Coca-Cola products provided by the Coca-Cola Company. FDA Rounding Rules used.

Nutritional Disclaimer

The nutrition information on this website is derived from the following: testing conducted in accredited laboratories, USDA Nutrient Database and information provided by White Castle's suppliers.

Nutrition information is based on standard product formulations. Variations may occur due to differences in suppliers, ingredient substitutions, recipe revisions, product assembly at the restaurant level, and/or season of the year. Some limited time offers, test and regional items may not be included. Some menu items may not be available at all restaurants. Nutrition calculations follow federal regulations regarding the rounding of nutritional data.

White Castle System, Inc., its subsidiaries and employees do not assume responsibility for a particular allergy or sensitivity to any food provided in our restaurants. Federal regulations have identified 8 major food allergens: milk, eggs, wheat, soybeans, peanuts, tree nuts, fish, and crustacean shellfish. For your convenience, menu items and ingredients that contain these major allergens have been indicated. Foods prepared in common kitchen areas and/or equipment have also been indicated as possible allergens.

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Serving Size (g) or (fl oz)**
Calories
Fat Calories
Fat (g)
Sat Fat (g)
Trans Fat (g)
Cholesterol (mg)
Sodium (mg)*
Total Carb (g)
Dietary Fiber (g)
Sugars (g)
Protein (g)
Vitamin A
Vitamin C
Calcium
Iron
Caffeine (mg)
Peanuts
Tree nuts
Egg
Dairy
Wheat
Soybean
Fish
Shellfish

Federal regulation has exempted from allergen declaration any highly refined oil derived from the major food allergens; therefore, soy oil as an ingredient is not indicated as an allergen. Please consult your Doctor to know if you should avoid products that contain highly refined soy oil.

If you have specific questions regarding White Castle and nutrition or are particularly sensitive to specific ingredients or foods, please contact us at 1-800-THE-CRAVE (1-800-843-2728).

Customers with allergy-related questions can contact the Food Allergy and Anaphylaxis Network (FAAN) on the web at foodallergy.org or by telephone at (800) 929-4040.



INGREDIENT LIST

Provided below is a listing of the components used to make our menu items along with the ingredient statements for each component. Allergens contained within these components are indicated in capital type at the end of each respective ingredient statement. We encourage customers to check these statements regularly as ingredients in menu items may change.

SANDWICH BUNS	
Traditional Bun	Enriched Bleached Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Soybean Oil, Contains 2% Or Less Of Each Of The Following: Yeast, Salt, Sodium Stearoyl Lactylate (Ssl), Guar Gum, Monoglycerides, Diacetyl Tartaric Acid Esters Of Mono-Diglycerides (Datem), Monocalcium Phosphate, Ammonium Sulfate, Ascorbic Acid (Vitamin C), Azodicarbonamide (Ada), L-Cysteine Hydrochloride, Enzymes. CONTAINS: WHEAT
CHEESE	
Pasteurized Process American Cheese Slice	Cultured milk, water, cream, sodium citrate, salt, sorbic acid (preservative), sodium phosphate, artificial color, enzymes, acetic acid, lecithin. CONTAINS: MILK, SOY
Pasteurized Process Jalapeno Cheese Slice	Cultured Milk, Cream, Water, Sodium Citrate, Serrano And Jalapeno Peppers, Salt, Natural Flavors, Sorbic Acid (Preservative), Sodium Phosphate, Artificial Color, Enzymes, Lecithin. CONTAINS: MILK, SOY
Pasteurized Process Mozzarella Cheese Slice (select locations)	Pasteurized Part Skim Milk, Sodium Citrate, Cheese Cultures, Salt, Sorbic Acid (preservative), Enzymes, Soy Lecithin (non-sticking agent). CONTAINS: MILK, SOY
Mozzarella cheese stick	Part-Skim Mozzarella Cheese ((Pasteurized Part-Skim Milk, Cultures, Salt, Enzymes), Nonfat Milk), Bleached Wheat Flour, Water, Yellow Corn Flour, Wheat Flour. Contains 2% or less of Dextrose, Dried Garlic, Dried Onion, Dried Parsley, Food Starch - Modified, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Paprika Extract (color), Salt, Sodium Alginate, Soybean Oil, Whey, Yeast. CONTAINS: MILK, WHEAT Cooked in the same oil as items that may contain Wheat, Eggs, Milk, Soy, Fish, Shellfish.

BEEF	
Beef Patty	100% USDA Beef. Seasoned with salt and pepper. Cooked on grill in conjunction with onions and hamburger buns that contain wheat.
POULTRY	
Chicken Rings	Chicken Breast With Rib Meat, Water, Dried Whole Egg, Salt, Sodium Phosphate. Battered With: Water, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Spices, Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate). Breaded With: Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Dried Whey, Dextrose, Spice, Partially Hydrogenated Soybean And/Or Cottonseed Oil, Paprika And Turmeric Extracts. Breeding Set In Vegetable Oil. CONTAINS: EGGS, WHEAT, MILK
Buffalo Chicken Rings	Chicken Rings (Chicken Breast With Rib Meat, Water, Dried Whole Egg, Salt, Sodium Phosphate. Battered With: Water, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Spices, Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate). Breaded With: Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Dried Whey, Dextrose, Spice, Partially Hydrogenated Soybean And/Or Cottonseed Oil, Paprika And Turmeric Extracts. Breeding Set In Vegetable Oil.), Buffalo Seasoning (Maltodextrin, Dehydrated Cayenne Pepper Sauce (Aged Cayenne Red Peppers, Vinegar, Salt, Garlic), Salt, Garlic Powder, Sugar, Onion Powder, Modified Corn Starch, Yeast Extract, Sodium Diacetate, Natural Flavors, Vinegar Powder, Dehydrated Blue Cheese (Pasteurized Milk, Salt, Cheese Culture, Enzymes), Dehydrated Butter, Whey, Shortening Powder (Partially Hydrogenated Soybean Oil, Lactose, Sodium Caseinate), Guar Gum, Sodium Bicarbonate, Disodium Phosphate, Color (Annatto, Turmeric), Citric Acid, And Less Than 2% Calcium Silicate Added As An Anticaking Agent.) Cooked in the same oil as items that may contain Wheat, Eggs, Milk, Soy, Fish, Shellfish. CONTAINS: EGGS, WHEAT, MILK

Ranch Chicken Rings	Chicken Rings (Chicken Breast With Rib Meat, Water, Dried Whole Egg, Salt, Sodium Phosphate. Battered With: Water, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Spices, Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate). Breaded With: Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Dried Whey, Dextrose, Spice, Partially Hydrogenated Soybean And/Or Cottonseed Oil, Paprika And Turmeric Extracts. Breeding Set In Vegetable Oil.), Ranch Seasoning (Maltodextrin, Buttermilk, Salt, Monosodium Glutamate, Garlic Powder, Onion Powder, Sour Cream Flavor (Buttermilk, Dehydrated Cheddar Cheese [Cultured Milk, Salt, Enzymes], Whey, Maltodextrin, Partially Hydrogenated Soybean Oil, Natural Flavors, Salt, Sodium Phosphate, Gum Acacia, Citric Acid), Lactic Acid Powder (Contains Modified Corn Starch), Citric Acid, Xanthan Gum, Dehydrated Parsley, Spice, Calcium Stearate, And Less Than 2% Soybean Oil And Silicon Dioxide Added As Processing Aids. Cooked in the same oil as items that may contain Wheat, Eggs, Milk, Soy, Fish, Shellfish. CONTAINS: EGGS, WHEAT, MILK
Breaded Chicken Breast Fillet	Boneless, Skinless Chicken Breast Fillets With Rib Meat, Water, Seasoning (Modified Food Starch, Sodium Phosphates, Carrageenan, Sodium Citrate, Citric Acid), Salt, Enriched Bleached Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Modified Corn Starch, Salt, Yellow Corn Flour, Whey, Spice, Soybean Oil (As A Processing Aid), Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate), Wheat Gluten, Caramel Color, Dextrose, Garlic Powder, Extractives Of Paprika, Sugar, Yeast, Spice Extractive. Breeding Set In Vegetable Oil. CONTAINS: MILK, WHEAT
Grilled Chicken Breast Fillets	Skinless Boneless Chicken Breast Fillets With Rib Meat, Water, Modified Food Starch, Seasoning (Modified Corn Starch, Wheat Flour), Sugar, Salt, Seasoning (Chicken Broth, Chicken Flavor, Vegetables (Carrot, Onion, Celery), Sea Salt, Potato Flour, Onion Powder, Evaporated Cane Syrup, Natural Flavor), Sodium Phosphates, Romano Cheese (Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes). Lightly Breaded With Corn Flour, Wheat Flour, Salt, Dried Garlic, Paprika, Dried Onion, Corn Starch, Spices, Maltodextrin, Caramel Color, Paprika Extract (Color). CONTAINS: WHEAT, MILK
PORK	
Bacon Strip	Bacon (Cured with Water, Salt, Sugar, Sodium Phosphate, Sodium Erythorbate, Sodium Nitrite.)
Bacon Topping	Bacon (Cured with Water, Salt, Sugar, Sodium Erythorbate, Sodium Nitrite. May also contain, Dextrose, Flavoring, Honey, Potassium Chloride, Potassium Lactate, Smoke Flavoring, Sodium Diacetate, Sodium Phosphate).
Sausage Patty	Pork, Whey Protein Concentrate, Salt, Spices, Corn Syrup Solids, Dextrose, Caramel Color, Spice Extractives, BHA, Propyl Gallate, Citric Acid. CONTAINS: MILK
Spicy Sausage Patty (Minneapolis region)	Pork, Salt, Spices, Corn Syrup Solids, Dextrose, BHA, Propyl Gallate, Citric Acid.

FRUITS & VEGETABLES	
Dr. Praeger's Veggie Patty	Carrots, Onions, String Beans, Oat Bran, Soybeans, Zucchini, Peas, Broccoli, Corn, Soy Flour, Spinach, Expeller Pressed Canola Oil, Red Pepper, Arrowroot, Corn Starch, Garlic, Corn Meal, Salt, Parsley, Black Pepper. CONTAINS: SOY
Hamburger Onions	Onions
Pickle Slices	Cucumbers, Vinegar, Water, Salt, 1/10th of 1% Sodium Benzoate, Alum, Natural Flavors, FD&C #5 Yellow, Polysorbate 80, Calcium Chloride.
French fries	Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn). Contains 2% or less of Dextrose, Sodium Acid Pyrophosphate Added To Maintain Natural Color. Seasoned with salt. Cooked in the same oil as items that may contain Wheat, Eggs, Milk, Soy, Fish, Shellfish.
French Fries (New York & New Jersey regions)	Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose. Cooked in Soybean Oil with TBHQ, Citric Acid (preservatives) and Dimethylpolysiloxane (anti-foaming agent). Seasoned with salt. Cooked in the same oil as items that may contain Wheat, Eggs, Milk, Soy, Fish, Shellfish.
Onion Chips	Onions, Wheat Flour, Soybean Oil, Bleached Wheat Flour, Modified Food Starch, Enriched Bleached Wheat Flour (Bleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Yellow Corn Flour, Sugar. Contains less than 2% of the following: Salt, Dried Egg Whites, Potato Starch, Yeast, Onion Powder, Dried Whey, Dextrose, Garlic Powder, Leavening (Sodium Aluminum Phosphate, Sodium Bicarbonate), Spice, Calcium Propionate (Preservative), Extractives of Paprika, Guar Gum, Spice Extractive, Yellow #6. Cooked in Soybean Oil with TBHQ, Citric Acid (preservatives) and Dimethylpolysiloxane (anti-foaming agent). Cooked in the same oil as items that may contain Wheat, Eggs, Milk, Soy, Fish, Shellfish. CONTAINS: WHEAT, EGGS, MILK
Onion Rings (New York & New Jersey regions)	Onions, Wheat Flour, Soybean Oil, Corn Starch, Yellow Corn Flour, Sugar. Contains less than 2% of the following: Modified Food Starch, Wheat Starch, Sodium Alginate, Dextrose, Salt, Calcium Chloride, Whey, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate), Sodium Tripolyphosphate, Soy Lecithin, Natural and Artificial Flavors, Paprika Extract (color). Cooked in Soybean Oil with TBHQ, Citric Acid (preservatives) and Dimethylpolysiloxane (anti-foaming agent). Cooked in the same oil as items that may contain Wheat, Eggs, Milk, Soy, Fish, Shellfish. CONTAINS: WHEAT, MILK, SOY

Home-style Onion Rings (Chicago, Louisville & St. Louis regions)	Onions, Wheat Flour, Bleached Wheat Flour, Soybean Oil, Yellow Corn Flour. Contains less than 2% of the following: Cornstarch, Sugar, Salt, Dextrose, Leavening (Sodium Bicarbonate, Disodium Dihydrogen Pyrophosphate, Sodium Aluminum Phosphate), Yeast, Soy Oil, Sodium Alginate. Cooked in Soybean Oil with TBHQ, Citric Acid (preservatives) and Dimethylpolysiloxane (anti-foaming agent). Cooked in the same oil as items that may contain Wheat, Eggs, Milk, Soy, Fish, Shellfish. CONTAINS: WHEAT
FISH	
Fish fillet	Alaska Pollock (Deep Skinned), Water, Bleached Wheat Flour, Modified Corn Starch, Yellow Corn Flour, Wheat Flour, Salt, Torula Yeast, Dextrose, Spices, Citric Acid, Dried Yeast, Onion Powder, Garlic Powder, Soybean Oil, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Dried Whey, and Paprika Extract (Color). Cooked in Soybean Oil with TBHQ, Citric Acid (preservatives) and Dimethylpolysiloxane (anti-foaming agent). Cooked in the same oil as items that may contain Wheat, Eggs, Milk, Soy, Fish, Shellfish. CONTAINS: FISH, WHEAT, MILK
Fish fillet (Cincinnati, Louisville, New York & New Jersey regions)	Alaskan Pollock, Water, Bleached Wheat Flour, Modified Corn Starch, Yellow Corn Flour, Salt, Torula Yeast, Dextrose, Spices, Citric Acid, Dried Yeast, Onion Powder, Garlic Powder, Soybean Oil, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate) Dried Whey, And Paprika Extract. Cooked In Soybean Oil With TBHQ, Citric Acid (Preservatives) And Dimethylpolysiloxane (Anti-Foaming Agent). Cooked in the same oil as items that may contain Wheat, Eggs, Milk, Soy, Fish, Shellfish. CONTAINS: FISH, WHEAT, MILK
Fish Nibblers (select regions)	Deep Skinned Alaska Pollock, Bleached Wheat Flour And Malted Barley Flour, Water, Enriched Bleached Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Food Starch – Modified, Less than 2% of the Following: Corn Starch, Defatted Soy Flour, Dehydrated Garlic, Dehydrated Onion, Dextrose, Disodium Inosinate And Disodium Guanylate, Dried Whey, Egg White, Hydrolyzed Oat Flour, Hydroxypropyl Methylcellulose, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Sodium Aluminum Phosphate), Mono And Diglycerides, Monosodium Glutamate, Parsley, Partially Hydrogenated Soybean Oil, Rice Flour, Salt, Shrimp Powder, Sodium Caseinate, Spice, Sugar, Turmeric, Vegetable Oil Shortening (Soybean And Cottonseed), Whey, Yeast, Yeast Extract, Yellow #5 (Tartrazine), Yellow #6, Yellow Corn Flour. Cooked in Soybean Oil with TBHQ, Citric Acid (preservatives) and Dimethylpolysiloxane (anti-foaming agent). Cooked in the same oil as items that may contain Wheat, Eggs, Milk, Soy, Fish, Shellfish. CONTAINS: FISH, WHEAT, SOY, MILK, EGGS, SHELLFISH

Shrimp Nibblers	<p>Shrimp, Bleached Wheat Flour, Water, Vegetable Oil (Contains One Or More Of The Following: Soybean, Corn And/Or Cottonseed Oil), Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Contains 2% Or Less Of: Salt, Modified Corn Starch, Yellow Corn Flour, Whey, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Spices, Dextrose, Sodium Tripolyphosphate (To Retain Moisture), Garlic Powder, Soybean Oil, Onion Powder, Spice Extractive, Natural Flavor, Buttermilk, Tapioca Dextrin, Disodium Inosinate & Disodium Guanylate, Nonfat Dry Milk, Yeast, Sugar, Citric Acid, Calcium Chloride, Modified Cellulose, Corn Syrup Solids, Caramel Color, Extractives Of Paprika, Eggs, Sodium Bisulfite (As A Preservative). CONTAINS: SHRIMP, WHEAT, MILK, EGG Cooked in the same oil as items that may contain Wheat, Eggs, Milk, Soy, Fish, Shellfish.</p>
Clam Strips (select regions)	<p>Surf Clam Meat And Surf Clam Juice, Bleached Wheat Flour, Water, Yellow Corn Flour, Sugar, Salt, Dextrose, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Dried Whey, Guar Gum, Nonfat Dry Milk Solids, Spices, Egg Powder, Soybean Oil, Extractives Of Paprika, Annatto, And Tumeric, Sodium Stearoyl Lactate, Mono And Diglycerides, TBHQ (To Protect Flavor), Sodium Tripolyphosphate (To Retain Moisture). Cooked In Soybean Oil With TBHQ, Citric Acid (Preservatives) And Dimethylpolysiloxane (Anti-Foaming Agent). Cooked in the same oil as items that may contain Wheat, Eggs, Milk, Soy, Fish, Shellfish. CONTAINS: SHELLFISH, WHEAT, MILK, EGGS</p>
BREAKFAST	
Hash brown Nibblers (New York & New Jersey regions)	<p>Potatoes, Vegetable Oil (Contains One or More of the Following: Canola Oil, Corn Oil, Cottonseed Oil, Palm Oil, Soybean Oil, Sunflower Oil) Dehydrated Potato, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose. Cooked in the same oil as items that may contain Wheat, Eggs, Milk, Soy, Fish, Shellfish.</p>
Hash brown Nibblers	<p>Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn). Contains 2% or less of Dehydrated Potato Flakes (Potatoes, Mono- & Diglycerides, Sodium Acid Pyrophosphate & Citric Acid Added To Preserve Natural Color), Dextrose, Natural Flavor, Salt, Sodium Acid Pyrophosphate Added To Maintain Natural Color, Yellow Corn Flour. Cooked in the same oil as items that may contain Wheat, Eggs, Milk, Soy, Fish, Shellfish. CONTAINS: WHEAT</p>

French Toast Sticks	BREAD: Unbleached Enriched Wheat Flour (Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Contains 2% or less of each of the following: Soybean Oil, Salt, Dough Conditioners (May contain one or more of the following: Sodium Stearoyl Lactylate, Calcium Stearoyl-2-Lactylate, Calcium Iodate, Azodicarbonamide), Corn Flour, Glycerol Monooleate, Natural Flavor, Extractives of Paprika (Color), Calcium Propionate (To Retard Spoilage), Calcium Sulfate, Polysorbate 60, Polysorbate 80, Monocalcium Phosphate, Ammonium Sulfate. COATING: Water, Enriched Bleached Wheat Flour and Enriched Wheat Flour (Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Sugar, Yellow Corn Flour, Contains 2% or less of: Modified Corn Starch, Soy Flour, Salt, Dextrose, Leavening (Monocalcium Phosphate, Sodium Bicarbonate), Arabic Gum, Lecithin, Artificial and Natural Flavors, Glycerine, Yeast, Carrageenan, Polysorbate 80. Cooked in Soybean Oil with TBHQ, Citric Acid (preservatives) and Dimethylpolysiloxane (anti-foaming agent). Cooked in the same oil as items that may contain Wheat, Eggs, Milk, Soy, Fish, Shellfish. CONTAINS: WHEAT, SOY
Maple & Brown Sugar Oatmeal	Whole grain rolled oats (with oat bran), sugar, salt, calcium carbonate (a source of calcium), brown sugar flavor blend (natural flavors, salt, carob powder) guar gum, caramel color, vitamin a palmitate, riboflavin, niacinamide, reduced iron, pyridoxine hydrochloride, vitamin a palmitate, riboflavin, thiamin mononitrate, folic acid, one of the b vitamins).
Berry Blend Topping	Dried cranberries (cranberries, sugar, sunflower oil), dried cherries (cherries, sugar, cherry juice, sunflower oil, citric acid), dried blueberries (cultivated blueberries, sugar, sunflower oil. Made in a facility that processes tree nuts.
Honey Roasted Almond Topping	Almonds, sugar, honey, water, maltodextrin, salt, bht (preservative). CONTAINS: ALMONDS
Eggs	Eggs
Bologna (select regions)	Mechanically Separated Turkey and Mechanically Separated Chicken, Pork, Water, Corn Syrup, Salt, Contains 2% or less of Flavorings, Modified Food Starch, Dextrose, Sodium Lactate, Sodium Phosphate, Beef, Sodium Diacetate, Sodium Erythorbate, Sugar, Sodium Nitrite, Extract of Paprika.
Wheat Toast (may vary by region)	Whole Wheat Flour, Water, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Yeast, Soybean Oil, Salt, Emulsifier (Mono and Diglycerides, Ethoxylated Mono and Diglycerides, Contains 2% or Less of Each of the Following: (Polysorbate 60, Propionic Acid, Sodium Propionate (a Preservative), Phosphoric Acid), Calcium Propionate, Conditioner (Diacetyl Tartaric Acid Esters of Mono-Diglycerides (DATEM), Enzymes, Ascorbic Acid, and 2% of Less of each of the Following: Malted Wheat Flour, Soybean Oil), Calcium Sulfate, Enzymes. CONTAINS: SOY, WHEAT

DANISH & DONUTS	
Cloverhill Cheese Danish	Enriched flour bleached (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, water, margarine (palm oil, water, salt, monoglycerides, citric acid, natural flavor, beta carotene color, vitamin a palmitate), egg whites, contains less than 2% of each of the following: yeast, soybean oil, eggs, palm oil, pasteurized cultured cream, dextrose, whey, calcium carbonate, monoglycerides, food starch-modified, corn starch, salt, skim milk, milk solids blend (nonfat milk, whey, milk protein concentrate), preservatives (calcium propionate, potassium sorbate, sorbic acid, tocopherols), enzyme active soy flour, propylene glycol, sodium stearoyl lactylate, guar gum, milk protein, sodium caseinate, wheat gluten, lactose, wheat flour, natural & artificial flavors, agar, calcium sulfate, fumaric acid, sodium hexametaphosphate, locust bean gum, xanthan gum, titanium dioxide color, pectin, carrageenan, ethyl alcohol, enzymes, ammonium sulfate, triglycerides, leavening (baking soda, sodium acid pyrophosphate), ascorbic acid added as a dough conditioner, lactic acid, beta carotene color, azodicarbonamide. CONTAINS: WHEAT, EGG, SOY, MILK
Cloverhill Apple Danish	Enriched flour bleached (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, water, margarine (palm oil, water, salt, monoglycerides, citric acid, natural flavor, beta carotene color, vitamin a palmitate), apples, contains less than 2% of each of the following: dextrose, monoglycerides, enzyme active soy flour, guar gum, wheat gluten, wheat flour, ammonium sulfate, enzymes, calcium sulfate, azodicarbonamide, preservatives (calcium propionate, potassium sorbate, sodium benzoate, sorbic acid, tocopherols), beta carotene color, egg whites, yeast, cinnamon, eggs, palm oil, calcium carbonate, cocoa (processed with alkali), corn starch, molasses, triglycerides, xanthan gum, agar, sodium hexametaphosphate, milk solids blend (nonfat milk, whey, milk protein concentrate), leavening (baking soda, sodium acid pyrophosphate), fumaric acid, natural & artificial flavor, titanium dioxide color. CONTAINS: WHEAT, EGG, SOY, MILK
Cloverhill Big Texas Cinnamon Danish	Enriched flour bleached (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, water, margarine (palm oil, water, salt, monoglycerides, citric acid, natural flavor, beta carotene color, vitamin a palmitate), egg whites, contains less than 2% of each of the following: dextrose, monoglycerides, enzyme active soy flour, guar gum, wheat gluten, leavening (sodium acid pyrophosphate, baking soda), ammonium sulfate, salt, enzymes, calcium sulfate, azodicarbonamide, preservatives (calcium propionate, potassium sorbate, sodium benzoate, tocopherols), beta carotene color, yeast, eggs, cinnamon, palm oil, calcium carbonate, corn starch, cocoa (processed with alkali), fumaric acid, molasses, triglycerides, xanthan gum, agar, sodium hexametaphosphate, wheat flour, milk solids blend (nonfat milk, whey, milk protein concentrate), sodium stearoyl lactylate, ascorbic acid added as a dough conditioner, natural & artificial flavor, titanium dioxide color. CONTAINS: WHEAT, EGG, SOY, MILK

Cloverhill Glazed Donuts	Vegetable shortening (palm oil, fractionated palm oil, cottonseed oil), sugar, enriched flour bleached (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, soybean oil, contains less than 2 % of each of the following: dextrose, defatted soy flour, wheat starch, salt, leavening (sodium acid pyrophosphate, baking soda, monocalcium phosphate), corn starch, preservatives (sodium propionate, potassium sorbate), mono- & diglycerides, food starch-modified, refinery syrups, soy lecithin, agar, sodium stearoyl lactylate, natural & artificial flavor, fumaric acid, honey, enzymes, nonfat milk, eggs, artificial color. CONTAINS: EGGS, MILK, SOY, WHEAT
Cloverhill Chocolate Iced Donuts	Sugar, vegetable shortening (palm oil, fractionated palm oil, cottonseed oil), enriched flour bleached (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, contains less than 2 % of each of the following: soybean oil, palm oil, cocoa processed with alkali, dextrose, defatted soy flour, wheat starch, sodium propionate & potassium sorbate (preservatives), mono- & diglycerides, food starch-modified, soy lecithin, agar, sodium stearoyl lactylate, natural & artificial flavor, fumaric acid, enzymes, nonfat milk, eggs, artificial color. CONTAINS: EGGS, MILK, SOY, WHEAT
Cinnamon Donuts (select regions)	Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Palm Oil, Partially Hydrogenated Soybean and/or Cottonseed Oil, Water, Sugar, Corn Sugar, Contains 2% or less of the following: Defatted Soy Flour, Whole Milk Solids, Leavening (Sodium Bicarbonate, Sodium Acid Pyro- phosphate, Sodium Aluminum Phosphate, Monocalcium Phosphate, Glucono Delta Lactone), Wheat Starch, Milk Protein Concentrate, Calcium Propionate, Sodium Propionate, Potassium Sorbate and Sorbic Acid (Preservatives), Salt, Mono & Diglycerides, Egg White, Toasted Wheat Germ, Lactose, Soy Lecithin, Egg Yolk, Sodium Stearoyl Lactylate, Cellulose Gum, Dextrin, Guar Gum, Artificial Flavor, Artificial Color (FD&C Yellow #5, Yellow #6), Karaya Gum, Modified Food Starch, Titanium Dioxide (Color), Corn Starch, Cinnamon. CONTAINS: WHEAT, SOY, EGG, MILK
Chocolate Donuts (select regions)	Sugar, Palm Oil, and/or Partially Hydrogenated Soybean and/or Cottonseed Oil, Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Cocoa Powder, Whole Milk Solids, Defatted Soy Flour, Contains 2% or less of the following: Non Fat Dry Milk, Reduced Mineral Whey Powder, Leavening (Sodium Bicarbonate, Sodium Acid Pyrophosphate, Sodium Aluminum Phosphate, Mono- calcium Phosphate, Glucono Delta Lactone), Corn Sugar, Wheat Starch, Milk Protein Con- centrate, Calcium Propionate, Sodium Propionate, Potassium Sorbate and Sorbic Acid (Preservatives), Salt, Mono & Diglycerides, Egg White, Toasted Wheat Germ, Lactose, Soy Lecithin, Egg Yolk, Sodium Stearoyl Lactylate, Cellulose Gum, Dextrin, Guar Gum, Artificial Flavor, Artificial Color (FD&C Yellow #5, Yellow #6), Karaya Gum, Modified Food Starch. CONTAINS: WHEAT, SOY, EGG, MILK

Powdered Sugar Donuts (select regions)	Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Palm Oil, Partially Hydrogenated Soybean and/or Cottonseed Oil, Water, Sugar, Corn Sugar, Contains 2% or less of the following: Defatted Soy Flour, Whole Milk Solids, Leavening (Sodium Bicarbonate, Sodium Acid Pyro- phosphate, Sodium Aluminum Phosphate, Monocalcium Phosphate, Glucono Delta Lactone), Wheat Starch, Milk Protein Concentrate, Calcium Propionate, Sodium Propionate, Potassium Sorbate and Sorbic Acid (Preservatives), Salt, Mono & Diglycerides, Egg White, Toasted Wheat Germ, Lactose, Soy Lecithin, Egg Yolk, Sodium Stearoyl Lactylate, Cellulose Gum, Dextrin, Guar Gum, Artificial Flavor, Artificial Color (FD&C Yellow #5, Yellow #6), Karaya Gum, Modified Food Starch, Titanium Dioxide (Color), Corn Starch. CONTAINS: WHEAT, SOY, EGG, MILK
Plain Donuts (select regions)	Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Palm Oil, Partially Hydrogenated Soybean and/or Cottonseed Oil, Water, Sugar, Corn Sugar, Contains 2% or less of the following: Defatted Soy Flour, Whole Milk Solids, Leavening (Sodium Bicarbonate, Sodium Acid Pyro- phosphate, Sodium Aluminum Phosphate, Monocalcium Phosphate, Glucono Delta Lactone), Wheat Starch, Milk Protein Concentrate, Calcium Propionate, Sodium Propionate, Potassium Sorbate and Sorbic Acid (Preservatives), Salt, Mono & Diglycerides, Egg White, Toasted Wheat Germ, Lactose, Soy Lecithin, Egg Yolk, Sodium Stearoyl Lactylate, Cellulose Gum, Dextrin, Guar Gum, Artificial Flavor, Artificial Color (FD&C Yellow #5, Yellow #6), Karaya Gum, Modified Food Starch, Titanium Dioxide (Color), Corn Starch. CONTAINS: WHEAT, SOY, EGG, MILK
DESSERTS	
Chocolate Chunk Cookie (select regions)	Enriched wheat flour [flour, ascorbic acid (dough conditioner), niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], sugar, chocolate chunks (sugar, chocolate liquor, cocoa butter, soy lecithin, vanilla, artificial flavor, salt), vegetable oil margarine [modified palm and palm kernel oil, liquid canola oil, water, salt, whey powder, vegetable monoglycerides, soy lecithin, potassium sorbate (preservative), citric acid, artificial flavor, vitamin A palmitate, colored with beta carotene, vitamin D3], eggs, liquid invert sugar, cooking molasses, baking soda, natural flavor and salt. CONTAINS: WHEAT, EGGS, MILK, SOY
Chocolate Macadamia Cookie (select regions)	Enriched wheat flour [flour, ascorbic acid (dough conditioner), niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], sugar, white chocolate chunks (sugar, cocoa butter, milk, soy lecithin, artificial flavor, salt), vegetable oil margarine [modified palm and palm kernel oil, liquid canola oil, water, salt, whey powder, mono and diglycerides, soybean lecithin, potassium sorbate (preservative), citric acid, artificial flavor, vitamin A palmitate, beta carotene, vitamin D3], eggs, macadamias, liquid invert sugar, cooking molasses, baking soda, natural flavor and salt. CONTAINS: EGGS, TREENUTS, MILK, SOY, WHEAT

Oatmeal Raisin Cookie (select regions)	Enriched wheat flour [flour, ascorbic acid (dough conditioner), niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], oats, sugar, vegetable oil margarine [modified palm and palm kernel oil, liquid canola oil, water, salt, whey powder, vegetable monoglycerides, soy lecithin, potassium sorbate (preservative), citric acid, artificial flavor, vitamin A palmitate, colored with beta carotene, vitamin D3], raisins, eggs, liquid invert sugar, cooking molasses, baking soda, spice, natural flavor and salt. CONTAINS: WHEAT, EGGS, MILK, SOY. Processed in a plant that contains peanuts and treenuts.
Apple Turnover (New York region)	Water, Enriched Bleached Flour (Wheat Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Apples, High Fructose Corn Syrup, Modified Food Starch, Partially Hydrogenated Soybean Oil And/Or Cottonseed Oil, Palm Oil And /Or Canola Oil With Tbhq, Contains 2% Or Less Of The Following: Ascorbic Acid, Citric Acid, Caramel Color, Dextrose, Guar Gum, Leavening (Disodium Dihydrogen Pyrophosphate, Baking Soda), Maltodextrin, Natural And Artificial Flavoring, Salt, Soy Flour, Spices, Sugar. Cooked in the same oil as items that may contain Wheat, Eggs, Milk, Soy, Fish, Shellfish. CONTAINS: WHEAT, SOY
Fudge Dipped Brownie on a Stick	Sugar, Semi-Sweet Chocolate (Sugar, Chocolate Liquor, Cocoa Butter, Dextrose, Soy Lecithin, Artificial Flavor), Fudge Coating (Sugar, Partially Hydrogenated Palm Kernel Oil, Cocoa Powder, Cocoa Processed With Alkali, Dextrose, Whey Powder, Soy Lecithin (Emulsifier)), Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Eggs, Margarine (Soybean Oil, Hydrogenated Soybean Oil, Water, Salt, Mono and Diglycerides, Soy Lecithin, Potassium Sorbate & TBHQ & Citric Acid (Preservatives), Natural & Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate), Corn Syrup, Cocoa Drops (Sugar, Partially Hydrogenated Vegetable Oil (Palm Kernel, Coconut, Palm), Cocoa Processed With Alkali, Dextrose, Whey (Milk), Soy Lecithin, Artificial Flavor), Coconut Oil, Natural & Artificial Flavors, Soy Oil, Potassium Sorbate (Preservative), Baking Powder (Corn Starch, Bicarbonate Of Soda, Sodium Aluminum Sulfate, Acid Phosphate Of Calcium). CONTAINS: WHEAT, EGGS, SOY, MILK. MANUFACTURED IN A FACILITY THAT PROCESSES NUTS.
Fudge Dipped Cheesecake on a Stick	Cream Cheese (pasteurized cultured milk and cream, salt, xanthan and/or carob bean and/or guar gums), Fudge Coating (sugar, coconut oil, cocoa powder (processed with alkali, chocolate liquor, soy lecithin, vanilla, salt), Corn Syrup, Egg, Sour Cream (skim milk, cream, corn starch-modified, guar gum, sodium phosphate, carrageenan, sodium citrate, locust bean gum, Potassium Sorbate (preservative)), Graham Meal (enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), whole wheat flour, sugar, partially hydrogenated soybean oil, molasses, high fructose corn syrup, salt, sodium bicarbonate), Sugar, Margarine (soybean oil, partially hydrogenated soybean oil, water, salt, soy lecithin, vegetable monoglycerides, potassium sorbate and citric acid, artificial flavor, beta carotene (color), vitamin A palmitate), Artificial Flavor. CONTAINS: WHEAT, EGGS, SOY, MILK. MANUFACTURED IN A FACILITY THAT PROCESSES NUTS.

Goopy Cake on a Stick	Cake Mix [wheat flour, sugar, cornstarch, canola oil, baking powder (sodium acid pyrophosphate, sodium bicarbonate, cornstarch, monocalcium phosphate), salt, natural flavors, xanthan gum and/or guar gum], Powdered Sugar, Eggs, Cream Cheese [pasteurized milk and cream, salt, stabilizers (xanthan and/or carob bean and/or guar gum)], Butter with Natural Flavor (cream, natural flavors), Soybean Oil and/or Canola Oil and/or Cottonseed Oil, Artificial Flavor, Potassium Sorbate (preservative). CONTAINS: WHEAT, EGGS, SOY, MILK. MANUFACTURED IN A FACILITY THAT PROCESSES NUTS.
CONDIMENTS & SAUCES	
Mild Salsa (Cincinnati region)	Tomato Puree (Water, Tomato Paste), Diced Tomatoes (Tomatoes, Tomato Juice, Citric Acid), Onions, Green Bell Peppers, Jalapeno Peppers, Distilled Vinegar, Salt, Citric Acid, Spice, Natural Flavor.
Motts® Snack and Go Natural Apple Sauce Pouch	Apples, water, ascorbic acid (vitamin c).
Ketchup	Tomato Concentrate Made From Red Ripe Tomatoes, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, Natural Flavoring.
Fat-free Honey Mustard	High fructose corn syrup, mustard (water, distilled vinegar, mustard seed, salt, turmeric, spice), water, honey, distilled vinegar, modified food starch, salt, Worcestershire sauce (distilled vinegar, molasses, corn syrup, water, salt, caramel color, garlic, sugar, spices, tamarind, natural flavor), onion powder, sodium benzoate as preservative, natural flavoring, garlic powder, titanium dioxide.
Honey Mustard (Sandwich Sauce)	Soybean Oil, High Fructose Corn Syrup, Dijon Mustard (Distilled Vinegar and Water, Mustard Seed, Salt, White Wine, Spices), Honey Water, Vinegar, Egg Yolk, Contains less than 2% of: Salt, Xanthan Gum, Spice, Sodium Benzoate and Calcium Disodium EDTA as preservatives. CONTAINS: EGGS
Cheese Sauce (select regions)	Water, Soy Bean Oil, Modified Food Starch, Cheddar Cheese (Milk, Nonfat Milk, Cheese Cultures, Salt, Enzymes) and less than 2% of Cornstarch, Salt, Natural Flavors, Sodium Caseinate (From Milk), Vinegar, Sodium Phosphate, Non Fat Milk, Yeast Extract, Mono- and Di-Glycerides, Sodium Citrate, Cellulose Gum, Lactic Acid, Cultured Whey (From Milk) Yellow #5, Yellow #6 and Caramel Color. CONTAINS: MILK
Nacho Cheese Sauce (select regions)	Water, Natural Cheese Blend (Milk, Cheddar Cheese (Cultured Milk, Salt, Enzymes)), Vegetable Oil (Contains One or More of the Following: Canola Oil, Soybean Oil, Sunflower Oil), Food Starch-Modified, Contains 1% or Less of: Jalapeno Peppers, Salt, Natural Flavor, Dehydrated Red and Green Bell Peppers, Sodium Phosphate, Lactic Acid, Sodium Citrate, Annatto Color, Datem, Acetic Acid, Spice. CONTAINS: MILK
Cheddar Cheese Sauce (for use on Grilled Chicken Slider)	Water, Pasteurized Milk, Canola Oil, Cream, Whey, Maltodextrin, Salt, Contains 2% or Less of: Sodium Phosphate, Modified Corn Starch, Cheese Culture, Potato Maltodextrin, Lactic Acid, Extractives of Paprika and Annatto (Color), Sorbic Acid (Preservative), Sodium Alginate, Natural Flavor, Xanthan Gum, Torula Yeast, Autolyzed Yeast Extract, Sugar, Natural Extractives of Rosemary, Coconut Oil, Enzymes, Yeast Extract, Annatto (Vegetable Color), Skim Milk, Cultures. CONTAINS: MILK

Cattleman's Bull's Eye Original BBQ Sauce	Tomato Puree (water, tomato paste), sugar, molasses, vinegar, salt, contains less than 2% of: modified food starch, natural smoke flavor, mustard flour, dried, spice, dried garlic.
Smokey BBQ Sauce	Water, High Fructose Corn Syrup, Tomato Paste, Sugar, Distilled Vinegar, Salt, Natural Smoke Flavor, Modified Food Starch, Spices including Paprika, Soybean Oil, Caramel Color, Extractives of Paprika, Worcestershire Sauce (distilled vinegar, molasses, corn syrup, water, salt, caramel color, garlic, sugar, spices, tamarind, natural flavor and sulfiting agents), Sodium Benzoate as preservative, Xanthan Gum, Natural Flavors, Beet Powder and Citric Acid.
Zesty Zing Sauce	Soybean oil, distilled white vinegar, water, high fructose corn syrup, horseradish, corn syrup, modified corn starch, tomato paste, contains 2% or less of egg yolks, enzyme modified egg yolk, sugar, salt, onion powder, starch blend (modified corn starch, monohydrated dextrose, corn maltodextrin, salt, paprika, beet powder, citric acid, sulfites), potassium sorbate and sodium benzoate (as preservatives), mustard flour, artificial flavor, hydrolyzed soy protein, xanthan gum, extractives of paprika, calcium disodium edta added to protect flavor, natural flavor. CONTAINS: EGGS
Marinara Sauce Tubs	Water, tomato paste, high fructose corn syrup, salt, modified food starch, phosphoric acid, dehydrated garlic, citric acid, spices, dehydrated onion, xanthan gum, sodium benzoate and potassium sorbate as preservatives, natural flavor.
Mayonnaise	Soybean oil, water, egg yolk, distilled vinegar, corn syrup, high fructose corn syrup, salt, spices, calcium disodium EDTA to protect flavor, natural flavors. CONTAINS: EGGS
Hamburger Sauce (select regions)	Mustard (water, distilled vinegar, mustard seed, salt, turmeric, spices), tomato paste, water, distilled vinegar, sodium benzoate and potassium sorbate as preservatives.
Düsseldorf Mustard (select regions)	Water, Vinegar, Mustard Seed, Salt, Spices, Caramel Color, Turmeric.
Yellow Mustard	Water, distilled vinegar, ground mustard seed, salt, tumeric, spices.
Horseradish Mustard (select regions)	Water, Distilled Vinegar, Mustard Seed, Salt, Mustard Bran, Turmeric, Horseradish, Spices and Flavorings.
Tartar Sauce	Water, Pickle relish (cucumbers, water, vinegar, salt, alum, xanthan gum, sodium benzoate as preservative, calcium chloride, natural flavors, polysorbate 80), soybean oil, distilled vinegar, high fructose corn syrup, corn syrup, modified food starch, egg yolk, salt, spices and natural flavorings, xanthan gum, sodium benzoate as preservative, onion powder, calcium disodium EDTA to protect flavor. CONTAINS: EGGS

Tartar Sauce (1569)	Water, Soybean oil, high fructose corn syrup, pickle relish (cucumbers, corn syrup, vinegar, salt, xanthan gum, sodium benzoate as preservative, alum, peppers, spices, natural flavors, calcium chloride, polysorbate 80), distilled vinegar, modified food starch, egg yolk, salt, spices, sodium benzoate and potassium sorbate as preservatives, dehydrated garlic, dehydrated onion, natural flavors, caramel color, extractives of tumeric and calcium disodium EDTA to protect flavor. CONTAINS: EGGS
Seafood Cocktail Sauce	Tomato puree (tomato paste, water), distilled white vinegar, high fructose corn syrup, corn syrup, horseradish, salt, soybean oil, sodium benzoate and potassium sorbate as preservatives, dehydrated onions, ascorbic acid (vitamin c), natural flavoring, spices, onion powder, garlic powder.
Ranch Dressing	Soybean Oil, Buttermilk Solids, Vinegar, Corn Syrup, Contains less than 2% of: Garlic Juice, Salt, Egg Yolk, Monosodium Glutamate, Polysorbate 60, Onion, Xanthan Gum, Sodium Benzoate and Calcium Disodium EDTA as preservatives, Maltodextrin, Spices, Lactic Acid, Natural Flavor (Milk), Yeast Extract, Propylene Glycol Alginate, Beta Carotene, Sunflower Oil. CONTAINS: MILK, EGGS
Ranch Tubs	Soybean oil, buttermilk (cultured lowfat milk, milk, nonfat dry milk, salt, sodium citrate, vitamin a palmitate), distilled white vinegar, egg yolks, contains less than 2% of: salt, sugar, onion powder, garlic powder, spices, sodium benzoate and potassium sorbate as preservatives, propylene glycol alginate, worcestershire sauce concentrate (distilled vinegar, molasses, corn syrup, water, salt, caramel color, garlic powder, sugar, spices, tamarind, natural flavor, ammonia bisulfites), xanthan gum, monosodium glutamate, lemon juice concentrate, calcium disodium edta to protect flavor. CONTAINS: SOYBEAN, MILK, EGG
Sweet Thai Sauce (Sandwich Sauce)	Water, Sugar, Modified Food Starch, Soy Sauce (Wheat, Soybeans, Salt), Lemon Juice, Brown Sugar, Salt, Garlic Powder, Dehydrated Red Bell Pepper, Maltodextrin, Citric Acid, Dehydrated Onion, Red Chili Pepper, Tomato Powder, White Distilled Vinegar, Annatto and Paprika Extract (Color), Xanthan Gum, Thai Chili Flakes, Garlic Extract, Spice Extract, Contains 2% of Less Silicone Dioxide (Anticaking). CONTAINS: SOY, WHEAT
Hot Sauce	Peppers, vinegar, salt, xanthan gum and benzoate of soda (to preserve freshness and flavor).
Lemon Juice	Water, lemon juice concentrate, sodium benzoate and sodium bisulfite as preservatives, lemon oil.
Strawberry Jam	Strawberries (Strawberries, strawberry puree concentrate), corn syrup, high fructose corn syrup, sugar, citric acid, pectin.
Grape Jelly	Grape juice (Grape juice concentrate, water), corn syrup, high fructose corn syrup, pectin and citric acid.
Maple Syrup	Corn syrup, high fructose corn syrup, water, natural and artificial maple flavor, potassium sorbate as preservative, caramel color, citric acid.
Mrs. Butterworth's Syrup (select regions)	High fructose corn syrup, corn syrup, water, contains 2% or less of: salt, cellulose gum, molasses, caramel color, potassium sorbate (preservative), sodium hexametaphosphate, citric acid, natural and artificial flavors, mono and diglycerides.

SHAKES & SMOOTHIES	
Chocolate (Chicago region)	Vanilla Shake Base (Milk, Concentrated Skim Milk, Sucrose, High Fructose Corn Syrup, Corn Syrup, Whey, Mono- and Diglycerides, Cellulose Gum, Cellulose Gel, Carrageenan, Artificial and Natural Vanilla, Sodium Hexametaphosphate, Salt, Locust Bean Gum, Guar Gum, F D & C Yellow 5 & 6), Chocolate Syrup (Water, sugar, cocoa, propylene glycol alginate, salt, vanillin, art. Flavor and color, 1/40 th of 1% potassium sorbate as preservative). CONTAINS: MILK
Vanilla (Chicago region)	Vanilla Shake Base (Milk, Concentrated Skim Milk, Sucrose, High Fructose Corn Syrup, Corn Syrup, Whey, Mono- and Diglycerides, Cellulose Gum, Cellulose Gel, Carrageenan, Artificial and Natural Vanilla, Sodium Hexametaphosphate, Salt, Locust Bean Gum, Guar Gum, F D & C Yellow 5 & 6). CONTAINS: MILK
Strawberry (Chicago region)	Vanilla Shake Base (Milk, Concentrated Skim Milk, Sucrose, High Fructose Corn Syrup, Corn Syrup, Whey, Mono- and Diglycerides, Cellulose Gum, Cellulose Gel, Carrageenan, Artificial and Natural Vanilla, Sodium Hexametaphosphate, Salt, Locust Bean Gum, Guar Gum, F D & C Yellow 5 & 6), Strawberry Syrup (Sugar, water, citric acid, benzoate of soda, red 40, blue 1). CONTAINS: MILK
Chocolate (Cincinnati region)	Vanilla Shake Base (Milk, Corn syrup, High fructose corn syrup, Sugar, Grade “A” whey, Cream, Grade “A” Non-fat dry milk, Stabilizer (guar gum, carrageenan, locust bean gum, dextrose), Natural and artificial vanilla flavor, Annatto (color)), Chocolate Syrup (Water, sugar, cocoa, propylene glycol alginate, salt, vanillin, art. Flavor and color, 1/40 th of 1% potassium sorbate as preservative). CONTAINS: MILK
Vanilla (Cincinnati region)	Vanilla Shake Base (Milk, Corn syrup, High fructose corn syrup, Sugar, Grade “A” whey, Cream, Grade “A” Non-fat dry milk, Stabilizer (guar gum, carrageenan, locust bean gum, dextrose), Natural and artificial vanilla flavor, Annatto (color)), Vanilla Syrup (Sugar, water, citric acid, potassium sorbate as preservative). CONTAINS: MILK
Strawberry (Cincinnati region)	Vanilla Shake Base (Milk, Corn syrup, High fructose corn syrup, Sugar, Grade “A” whey, Cream, Grade “A” Non-fat dry milk, Stabilizer (guar gum, carrageenan, locust bean gum, dextrose), Natural and artificial vanilla flavor, Annatto (color)), Strawberry Syrup (Sugar, water, citric acid, benzoate of soda, red 40, blue 1). CONTAINS: MILK
Chocolate (Columbus region)	Vanilla Shake Base (Whole milk , sugar, whey powder, artificial flavor , disodium phosphate, mono & di-glycerides, guar gum, carrageenan, cellulose gum, sodium phosphate), Chocolate Syrup (Water, sugar, cocoa, propylene glycol alginate, salt, vanillin, art. Flavor and color, 1/40 th of 1% potassium sorbate as preservative). CONTAINS: MILK
Vanilla (Columbus region)	Vanilla Shake Base (Whole milk, sugar, whey powder, artificial flavor, disodium phosphate, mono & di-glycerides, guar gum, carrageenan, cellulose gum, sodium phosphate). CONTAINS: MILK

Strawberry (Columbus region)	Vanilla Shake Base (Whole milk , sugar, whey powder, artificial flavor , disodium phosphate, mono & di-glycerides, guar gum, carrageenan, cellulose gum, sodium phosphate), Strawberry Syrup (Sugar, water, citric acid, benzoate of soda, red 40, blue 1). CONTAINS: MILK
Chocolate (Detroit region)	Whole Milk, Sugar, Water, Powder, Dutch Cocoa, Starch, Dextrose, Cellulose Gum, Carrageenan, Mono & Diglycerides, Disodium Phosphate, Sodium Citrate, Artificial Flavor. CONTAINS: MILK
Chocolate (Indianapolis & Louisville regions)	Buttermilk, Sucrose, Milkfat, Corn Syrup, Whey, Cocoa (Processed with Alkali), Whey Protein Concentrate, Contains less than 2% of each of the following: Guar Gum, Mono and Diglycerides, Cellulose Gum, Carrageenan, Disodium Phosphate, Vitamin A Palmitate. CONTAINS: MILK
Chocolate (Minneapolis region)	Milkfat and Nonfat Milk, Sugar, Buttermilk, High Fructose Corn Syrup, Whey, Corn Syrup, Cocoa (processed with alkali), Whey Protein Concentrate, Contains less than 1% of each of the following ingredients: Cellulose Gum, Guar Gum, Carrageenan, Artificial Flavor, Vitamin A Palmitate. CONTAINS: MILK
Chocolate (Nashville region)	Milkfat and nonfat milk, sugar, corn syrup, high fructose corn syrup, whey, cocoa (processed with alkali), natural and artificial flavor, mono and diglycerides, guar gum, polysorbate 80, carrageenan. CONTAINS: MILK
Chocolate (New Jersey)	Milk, sugar, corn syrup solids, nonfat milk, cream, cocoa (processed with alkali), whey, mono and diglycerides, guar gum, tetrasodiumpyrophosphate and carrageenan. CONTAINS: MILK
Vanilla (New Jersey)	Milk, skim milk, cream, sugar, corn syrup solids, whey, mono and diglycerides, guar gum, tetrasodiumpyrophosphate, caramel color, natural and artificial vanilla flavor, carrageenan. CONTAINS: MILK
Chocolate (St. Louis)	Milk, sugar, corn syrup solids, cocoa powder (processed with Alkali), whey powder, cream, artificial vanilla, mono & diglycerides, guar gum, polysorbate 80, carrageenan, dextrose. CONTAINS: MILK
Chocolate (New York)	Pasteurized Grade A milk, cream, sugar, corn syrup, whey, cocoa (processed with alkali), cellulose gum, guar gum, carrageenan, vitamin A palmitate. CONTAINS: MILK
Vanilla (New York)	Pasteurized Grade A milk, cream, sugar, whey, corn syrup, natural and artificial flavor, cellulose gum, guar gum, carrageenan, vitamin A palmitate. CONTAINS: MILK
Peach Smoothie (select regions)	Freestone Peaches (Freestone Peaches, Ascorbic Acid, Citric Acid and Malic Acid to Promote Color Retention and Natural Flavoring), Lowfat Vanilla Yogurt (Cultured Pasteurized Grade A Low Fat Milk, Sugar, Modified Corn Starch, Kosher Gelatin, Natural Flavor, Potassium Sorbate Added to Maintain Freshness, Vitamin A Acetate, Vitamin D3), Peach Smoothie Mix (Water, Sugar, Peach Puree Concentrate, Natural Flavors, Citric Acid, Acacia Gum, Xanthan Gum, Cochineal Extract, Beta Carotene (For Color), Green Tea Extract), Water . CONTAINS: MILK

Strawberry Banana Smoothie (select regions)	Strawberries, Lowfat Vanilla Yogurt (Cultured Pasteurized Grade A Low Fat Milk, Sugar, Modified Corn Starch, Kosher Gelatin, Natural Flavor, Potassium Sorbate Added to Maintain Freshness, Vitamin A Acetate, Vitamin D3), Strawberry Banana Smoothie Mix (Water, Sugar, Strawberry Puree Concentrate, Banana Puree, Natural Flavors, Cochineal Extract, Citric Acid, Acacia Gum, Xanthan Gum, Strawberry Seeds, Carmine, Green Tea Extract), Water, Bananas (Banana, Ascorbic Acid, and Citric Acid to Promote Color Retention). CONTAINS: MILK
COFFEE & TEA	
Coffee	100% Coffee
Decaf	100% Decaffeinated Coffee
Iced Tea	100% Tea
Sweetened Tea	100% Tea, Granulated Sugar.
Gold Peak Unsweetened Black Tea (select regions)	A Beverage Syrup Prepared with Water, Tea (Natural Tea Essence and Natural Tea Concentrate from Tea Leaves), Caramel Color, Sodium Benzoate and Potassium Sorbate (To Protect Taste), Phosphoric Acid.
Gold Peak Sweetened Black Tea (select regions)	A Beverage Syrup Prepared with Water, High Fructose Corn Syrup, Tea (Natural Tea Essence and Natural Concentrate from Tea Leaves), Caramel Color, Sodium Benzoate and Potassium Sorbate (To Protect Taste), Phosphoric Acid.
Gold Peak Southern-Style Tea (select regions)	A Beverage Syrup Prepared with High Fructose Corn Syrup, Water, Tea (Natural Tea Essence and Natural Tea Concentrate from Tea Leaves), Caramel Color, Sodium Benzoate and Potassium Sorbate (To Protect Taste), Phosphoric Acid, Sucralose.
Gold Peak White Citrus Tea (select regions)	A Beverage Syrup Prepared with Water, High Fructose Corn Syrup, Natural Flavors, Citric Acid, Tea (White Tea Concentrate from Tea Leaves), Sodium Benzoate and Potassium Sorbate (To Protect Taste), Sucralose.
Hot Tea – Orange Pekoe (select regions)	100% Orange Pekoe and Cut Black Tea.
Hot Chocolate (select regions)	Sugar, Nonfat Milk, High Fructose Corn Syrup, Cocoa (Processed with Alkali), Partially Hydrogenated Soybean Oil, Whey, Less than 2% of: Salt, Potassium Sorbate (Preservative), Disodium Phosphate, Soy Lecithin, Natural Flavor, Chocolate Liquor, Cream. CONTAINS: SOY
SOFT DRINKS	
Barq's Red Cream Soda	Water, High Fructose Corn Syrup, Water, Sodium Benzoate (To Protect Taste), Citric Acid, Natural and Artificial Flavors, Red 40.
Barq's Root Beer	Water, High Fructose Corn Syrup, Water, Caramel Color, Sodium Benzoate (To Protect Taste), Citric Acid, Caffeine, Artificial and Natural Flavors, Acacia
Caffeine-free Diet Coke	Water, Caramel Color, Phosphoric Acid, Potassium Benzoate and Potassium Sorbate (To Protect Taste), Sodium Saccharin, Natural Flavors, Citric Acid, Aspartame, Potassium Citrate, Dimethylpolysiloxane.

Cherry Coke	Water, High Fructose Corn Syrup, Water, Caramel Color, Phosphoric Acid, Natural Flavors, Caffeine.
Coke Zero	Water, Caramel Color, Phosphoric Acid, Potassium Citrate, Aspartame, Potassium Benzoate (To Protect Taste), Natural Flavors, Acesulfame Potassium, Caffeine, Dimethylpolysiloxane.
Coke Classic	Water, High Fructose Corn Syrup, Water, Caramel Color, Phosphoric Acid, Natural Flavors, Caffeine
Diet Coke	Water, Caramel Color, Phosphoric Acid, Sodium Saccharin, Natural Flavors, Citric Acid, Potassium Citrate, Potassium Benzoate (To Protect Taste), Caffeine, Aspartame, Dimethylpolysiloxane.
Sprite	Water, High Fructose Corn Syrup, Water, Citric Acid, Natural Flavors, Sodium Citrate, Sodium Benzoate (To Protect Taste), Dimethylpolysiloxane.
Fanta Grape	Water, High Fructose Corn Syrup, Water, Citric Acid, Natural and Artificial Flavors, Potassium Citrate, Sodium Benzoate (To Protect Taste), Red 40, Blue 1.
Fanta Orange	Water, High Fructose Corn Syrup, Water, Citric Acid, Potassium Benzoate (To Protect Taste), Natural Flavors, Modified Food Starch, Glycerol Ester of Wood Rosin, Yellow 6, Brominated Vegetable Oil, Red 40, Dimethylpolysiloxane.
Fanta Strawberry	Water, High Fructose Corn Syrup, Water, Citric Acid, Natural and Artificial Flavors, Sodium Benzoate (To Protect Taste), Red 40.
Pibb Xtra	Water, High Fructose Corn Syrup, Water, Caramel Color, Natural and Artificial Flavors, Phosphoric Acid, Sodium Benzoate (To Protect Taste), Caffeine, Monosodium Phosphate, Lactic Acid, Dimethylpolysiloxane.
PowerAde Mountain Blast	Water, High Fructose Corn Syrup, Maltodextrin (Glucose Polymers), Citric Acid, Natural Flavors, Salt, Potassium Citrate, Potassium Benzoate and Potassium Sorbate (To Protect Taste), Modified Food Starch, Coconut Oil, Potassium Phosphate, Sucrose Acetate Isobutyrate, Niacinamide, Blue 1, Pyridoxine Hydrochloride, Cyanocobalamin.
Vault	Water, High Fructose Corn Syrup, Water, Citric Acid, Natural and Artificial Flavors, Orange Juice from Concentrate, Sodium Benzoate and EDTA (To Protect Taste), Potassium Citrate, Caffeine, Sucralose, Yellow 5, Carob Bean Gum, Dimethylpolysiloxane.
Hi-C Flashin Fruit Punch	Water, High Fructose Corn Syrup, Water, Citric Acid, Natural and Artificial Flavors, Ascorbic Acid (Vitamin C), Sodium Benzoate (To Protect Taste), Modified Food Starch, Red 40, Glycerol Ester of Wood Rosin, Brominated Vegetable Oil .
Hi-C Orange Lavaburst	Water, High Fructose Corn Syrup, Water, Citric Acid, Ascorbic Acid (Vitamin C), Potassium Benzoate (To Protect Taste), Modified Food Starch, Natural Flavors, Glycerol Ester of Wood Rosin, Yellow 6, Brominated Vegetable Oil, Red 40.
Hi-C Pink Lemonade	High Fructose Corn Syrup, Water, Citric Acid, Sodium Citrate, Ascorbic Acid (Vitamin C), Potassium Benzoate (To Protect Taste), Modified Food Starch, Glycerol Ester of Wood Rosin, Natural and Artificial Flavors, Brominated Vegetable Oil, Red 40.

Minute Maid Lemonade	Sugar, water, concentrated lemon juice, less than 2% of: natural and artificial flavors, citric acid, modified cornstarch, glycerol ester of rosin, brominated vegetable oil, sodium citrate, sodium benzoate and potassium sorbate and potassium benzoate (to protect taste).
Fanta Wild Cherry FCB	High Fructose Corn Syrup, Water, Citric Acid, Natural and Artificial Flavors, Quillaia Extract, Sodium Benzoate (To Protect Taste), Yucca Extract, Red 40.
Coke Classic FCB	Coca-Cola Classic Syrup (High Fructose Corn Syrup, Water, Caramel Color, Phosphoric Acid, Natural Flavors, Caffeine), Quillaia Extract, Yucca Extract.
JUICE	
Minute Maid Orange Juice (select regions)	Water, Concentrated Orange Juice.
Motts® 100% Apple Juice	Water, apple juice concentrate, ascorbic acid (vitamin c).

Ingredient information is based on standard product formulations. Variations may occur due to differences in suppliers, ingredient substitutions, recipe revisions, product assembly at the restaurant level, and/or season of the year. Some limited time offers, test and regional items may not be included. Some menu items may not be available at all restaurants.

White Castle System, Inc., its subsidiaries and employees do not assume responsibility for a particular allergy or sensitivity to any food provided in our restaurants. Federal regulations have identified 8 major food allergens: milk, eggs, wheat, soybeans, peanuts, tree nuts, fish, and crustacean shellfish. For your convenience, menu items and ingredients that contain these major allergens have been indicated.

Federal regulation has exempted from allergen declaration any highly refined oil derived from the major food allergens; therefore, soy oil as an ingredient is not indicated as an allergen. Please consult your Doctor to know if you should avoid products that contain highly refined soy oil.

If you have specific questions regarding White Castle and nutrition or are particularly sensitive to specific ingredients or foods, please contact us at 1-800-THE-CRAVE (1-800-843-2728).

Customers with allergy-related questions can contact the Food Allergy and Anaphylaxis Network (FAAN) on the web at foodallergy.org or by telephone at (800) 929-4040.